

# H.A.M. HOLIDAY FOOD DRIVE

The holidays will be here before we know it! You can help take action this month and stock our shelves with our most needed items for the holidays.

**MOST  
NEEDED  
ITEMS**

**September is  
Hunger Action Month (H.A.M)**

1. Canned chicken breast
2. Canned creamed corn
3. Cornbread mix
4. Dry black beans
5. Dry black eyed peas 1 or 2lb bags
6. Low Sodium Broth (Chicken, Beef and Vegetable)
7. Raisins
8. Vanilla extract



SCAN FOR MORE DETAILS



Last year we provided food and programming to 65,000 individuals—the highest in our 45 year history. Your support through food and funds provides much needed relief during the holiday season.