

## Apples with Cinnamon Almond Butter

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*In a hurry? This quick, nutritious snack will satisfy any craving if you are on the go. Apples with cinnamon almond butter is a deliciously wholesome snack that brings together crisp, juicy apples and the creamy richness of almond butter, enhanced with a hint of warm cinnamon.*

**Yield:** 1 servings

**Serving Size:** 8 slices

### Ingredients:

- 1 medium apple
- 1 tablespoon smooth almond butter
- Pinch of ground cinnamon

### Instructions:

1. Core apple and cut into 8 slices.
2. Spread each slice with a little almond butter and sprinkle with cinnamon.

Per Serving: Calories 193 kcal, Carbohydrates 28 g, Protein 4g, Sat Fat 1 g, Sodium 38 mg, Added Sugars 0 g

This recipe was taken from <https://www.eatingwell.com/recipe/251354/apple-with-cinnamon-almond-butter/>