

Ham Pinwheels

Ham Pinwheels are a delightful and quick appetizer or snack, ready in just 5 minutes. These charming spirals of ham and cheese are as fun to make as they are to eat. Perfect for gatherings or a tasty snack, they're a simple yet impressive option for any occasion.

Yield: 2 serving

Serving Size: 12 pinwheels

Ingredients:

- 2 tablespoons reduced-fat cream cheese
- 1 thin slice deli ham (low-sodium)
- 1 long cucumber

Instructions:

1. Slice cucumber into ¼ inch slices (approximately 12 slices per cucumber).
2. Evenly spread cream cheese on ham; roll up and cut into 12 rounds.
3. Place one round on top of each slice of cucumber.

CHEF TIPS: For a touch of elegance, top the pinwheels with your favorite fresh herb, like dill or basil, boosting both the flavor and presentation.

Per serving: Calories 59 kcal, Carbohydrates 5 g, Protein 3.5g, Sat Fat 1.5g, Sodium 142mg, Added Sugars 0g

This recipe was taken from <https://www.eatingwell.com/recipe/251087/ham-pinwheels/>