

## Homestyle Meatloaf

*This homestyle meatloaf is the perfect meal to serve when getting the family together. The preparation and ingredients are simple so you can spend more time with family than in the kitchen! This recipe is great year-round, but especially in the colder months. You can serve the meatloaf alongside mashed potatoes, egg noodles, and your favorite vegetable. Store in an air-tight container to enjoy for a couple of days!*

**Yield:** 8 servings

**Serving Size:** 1/8 of loaf

### Ingredients:

- 1 packet of onion soup mix
- 1 lb. ground beef
- 1 lb. ground pork
- 3/4 cup plain dry bread crumbs
- 2 eggs
- 3/4 cup water
- 1/3 cup ketchup



### Instructions:

1. Preheat oven to 350 °F.
2. Combine all ingredients in a large bowl.
3. Shape into a loaf in a 13 x 9-inch baking or roasting pan.
4. Bake uncovered for about 1 hour.
5. Let stand 10 minutes before serving.

Per Serving: Calories 303 kcal, Carbohydrates 14g, Protein 25g, Sat Fat 6g, Sodium 660mg, Sugar 4g  
This recipe is from an intern's family.

